

# New Vistas - Your Personalised Health Plan

## *Homoeopathy and nutrition for well-being and health restoration.*

The **New Vistas** range of homoeopathic products has been described by many practitioners as 'the greatest innovation in homoeopathy in the past 100 years'. New Vistas Healthcare, founded in 1990, has grown successfully since then and now supplies homoeopathic medicines and nutritional supplements internationally from its Irish base.

Its success over the past twenty five years is attributed to two factors - the quality of the products and the quality of teaching and customer support provided by the team. Successful practitioners added another contributing factor - the philosophy and constitution of the range. In addition to traditional pathogens, the company also identified diet, lifestyle, environmental pollution, pesticides, a degraded food chain and ever-increasing use of medications as contributors to multi-causal, adverse health conditions. The product range was developed to successfully meet those needs.

**Detoxification** was identified as a critical part of illness prevention and health recovery. The detox remedies, presented as **XENOBIOTICS**, address the problems of the modern environment; chemical and heavy metal toxicity, food additives, medications, household cleaning materials, detergents, formaldehyde, glyphosate and many others. Detoxing at cellular level as opposed to organ or tissue level is the key objective and this is one of the great benefits of homoeopathic detoxification.

**Organ therapy** was identified as the other key element in the health and recovery programme and the organ remedies are presented as **LIQUESCENCES**. This combination of supporting the organs of detoxification during the elimination process was found by practitioners to be of huge significance. Using resonance testing, particularly Kinesiology, practitioners are able to identify organs which are stressed, under-nourished and/or nutritionally depleted as a result of the toxic load. These organs recover more quickly when the liquescences are used in conjunction with a detox remedy.

The Liquescences are low-potency combination remedies derived from multiple sources, specifically healthy organic animal tissue from bovine, equine or porcine sources. These are combined with minerals, vitamins or herbs. Many practitioners refer to them as *micro-nutrients*. They are essential in homoeopathic potency as people who are already toxic may be unable to absorb or assimilate herbs and minerals in whole form. In addition to their role as organ supports, liquescences are used for their potential to enhance health, such as supporting immunity and digestion, and strengthening cardiovascular, nervous, cognitive and all other body systems. Drainage is very important in homoeopathy and the liquescences are ideal in this respect as they can strengthen the organ to function optimally thus assisting cleansing and elimination.

**Combination** remedies complement the work of the simillimum, by allowing a 'less cluttered' organism to work with, thus reducing aggravations and enhancing/modulating the actions of the simillimum.



The Healing Hand of Nature

**Sarcodes** are homoeopathic preparations of healthy animal tissue and are used to repair and rebuild damaged tissue and depleted organs. Sarcodal Therapy can be used in conjunction with other therapies and/or constitutional prescribing.

The importance of nutrition cannot be overlooked when developing a therapeutic regime for a client. Functional nutrients are vital to the body for repair and are catalysts for the maintenance and optimum functioning of the whole body. To complement its homoeopathic therapy, New Vistas provide high quality food supplements which are specifically chosen for their purity and the benefits they add to a therapeutic program. Integrating high quality supplements as part of a recovery plan can have a beneficial and enhanced effect on the results.

**New Vistas** combines homoeopathy and nutrition with diagnostic procedures, particularly Kinesiology and Bio-resonance testing, to which we give the term **Homoeotherapy**. Testing identifies the needs of the client and enables the practitioner to create for each individual a **Personalised Health Plan**.

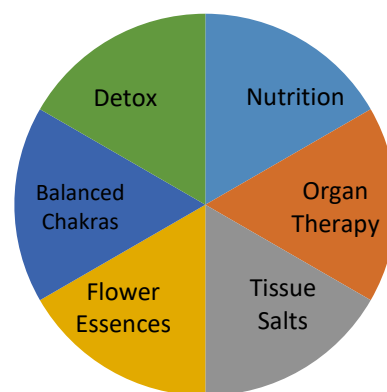
This comprehensive and balanced approach will invariably include the avoidance or elimination of toxins, recommendations for diet, lifestyle, emotional reflection (incorporating stress release techniques such as meditation), working and living conditions and/or management of relationships, aiming for homeostasis enrichment or simply put, balance within the system. Integrating philosophies and personal responsibility encourages the body to heal itself with minimum stimulation thereby providing a sustainable paradigm for modern healthcare. Economic benefits will follow for the individual and society through lower stress levels, greater effectiveness, improved productivity and reduced levels of absenteeism.

Company philosophy and practice encourages on-going employee and CAM Provider training, personal growth and development. Client education follows on from this empowering model, helping achieve greater control through mindfulness and enhanced consciousness. This results in a greater awareness of the role of our planet, its health and the eco system on which we are dependent.

The **New Vistas Teaching Academy** includes Professionals who are recognised leaders in their field. As fulltime practitioners, they bring to the classroom a variety of skills which will equip CAM students with the therapeutic tools necessary to meet the needs of clients and consumers and to meet the on-going health challenges which confront society today.

Products are for professional-use. New CAM Provider Applications welcomed. Training and CPD seminars are on-going.

## Homoeotherapy



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***Committed to innovative, high quality, natural healthcare***